

Wellness Centre

Acknowledgements:

Social workers in hospitals and medical centers provide frontline services to patients with conditions spanning the entire health care continuum. According to a national survey of licensed social workers, hospitals are the most common primary employment setting for health care social workers . For purposes of this document, the term “hospital” refers to the variety of general and specialized acute care medical facilities. Hospital social workers practice in increasingly specialized environments, and are frequently assigned to specific medical units that are based on diagnosis, age, or gender. Examples of social work specialization within a hospital include pediatrics, oncology, nephrology, transplant, and emergency/trauma. In addition to clinical roles, social workers are also employed in hospital leadership roles, and may serve as managers or administrators for specific hospital programs such as mental health, aging or community outreach.

The main objective of this programme is to provide knowledge and direct experience to our students . We Acknowledge support of,

❖ Maharashtra Social Work Educators, Management & Staff Forum,Nagpur:

It is vision of president of the forum Dr. Chandansingh Rotele to foster optimal health and well-being, equal human rights and a just society. Also to prepare future social work professionals for leadership in areas of culturally-informed, community-engaged practice, policy, and research, with a particular emphasis on persistent and emerging social problems in rapidly diversifying rural areas locally, nationally and globally.

Forum always aims to provide an evidenced based assessment of the value of professional development in social work for social workers some of the challenges and hurdles that exist to its development and structured implementation and emphasis on the provisions and supervision for quality sustainable professional development.

❖ District General Hospital, Bhandara:

District general hospital help our students by giving permission to do research work and field work placement in the hospital premises.

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Introduction

Social work has been a part of health care scene for more than a century. It has made significant contribution in various health care fields, such as hospitals, clinics, rehabilitation centres, nursing homes, health departments, health agencies, etc. The terms like health, health care, patient as a person, psychosocial aspects of health and so on, have been redefined in social science and social work under the social development paradigm and the same refined knowledge have reinforced the capacity of social workers in health care in the 21st century. Now, social workers understand that illnesses have different meanings to the individual, family and the community. Hence, being a member of health care team, the social worker tries to give equal importance to the patients, their families, hospital environment as well as administration and community affairs.

Social workers are healthcare professionals with specialized master's degrees who address the emotional and practical concerns of patients. This team advocate on your behalf to guarantee you have access to all of the services you need and are entitled to receive. Team members help you and your family to understand the particulars of your care and discharge plan, make sure you have all of the resources needed to return home safely, and mediate discussions between you and your doctor regarding your care. They can also discuss any feelings of anxiety or depression, as well as concerns about safety at home.

The primary mission of the social work profession is to enhance human well-being and help meet basic and complex needs of all people keeping this mission in mind Athawale College of Social Work has opened a Wellness centre in district general hospital Bhandara as a field action programme. The Health and *Wellness Center* is committed to delivering the highest quality of health services which include prevention, promotion, and medical care for people. The confidentiality of patient health is of utmost importance in achieving a level of trust and satisfaction. Incorporated into the philosophy of the Health and Wellness Center is the integration of treating the whole person -mind, body, and spirit.

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[Photo: Inauguration of Wellness Centre (8 Sept. 2021) at Government Dist.Hospital,Bhandara by Athawale college of Social Work Bhandara]

Team Members of Wellness Centre:

1. Dr.Jyoti G.Naktode(In-charge)
2. Mr.Sunil B.Uikey
3. Prof.Amolsingh Rotele
4. Mr.Farukhi (Member of Patient Welfare Department)
5. Hon. Sudhir Dahivale(Medical Social Worker)]

Objective of this Programme:

A Team is comprised of different categories of staff personnel. Teamwork refers to working by two or more staff members who plan and carry out, cooperatively, a particular task or programme. Medical professional or psychiatrist, medical or psychiatric social worker, clinical psychologist, occupational therapist, trained nurse, etc. are the members of health care team. 2.

Two important functions of social worker are as follows:

(a)Interpreting problems: Social worker expounds the nature of disease or illness to the patients and their family members. He also explains how frequently the same disease can occur, what

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would be its impact at an 19 individual level or at a group level, and the treatment procedures recommended by the doctors.

(b)Pooling Community Resources: Many a time, lack of resource makes it difficult for a patient to receive appropriate medical or psychiatric care. Hence, social worker pools community resources in order to provide money or medicines or clothe/clothes or prosthesis to the poor patients, so that they can continue treatment as per the advice of the doctor.

Service Provided:

- Initial screening and evaluation of patient and families;
- Comprehensive psychosocial assessment of patients;
- Helping patients and families understand the illness and treatment options, as well as consequences of various treatments or treatment refusal;
- Helping patients/families adjust to hospital admission; possible role changes; exploring emotional/social responses to illness and treatment;
- Educating patients on the roles of health care team members; assisting patients and families in communicating with one another and to members of health care team; interpreting information;
- Educating patients on the levels of health care (i.e. acute, sub- acute, home care); entitlements; community resources; and advance directives;
- Facilitating decision making on behalf of patients and families;
- Employing crisis Intervention;
- Diagnosing underlying mental illness; providing or making referrals for individual, family, and group psychotherapy;
- Educating hospital staff on patient psychosocial issues;
- Promoting communication and collaboration among health care team members;
- Coordinating patient discharge and continuity of care planning;
- Promoting patient navigation services;

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List of Students Working with Wellness Centre (Session 2021-2022)

- 1.Mr.Nitesh Thote
- 2.Ms.Snehal Shivankar
- 3,Ms.Kirti Meshram
- 4.Ms.Payal Selokar



While working with wellness team students get in-depth clinical knowledge and skills that need to deliver comprehensive social services as well-rounded medical social workers. They will work with physicians, nurses, administrators, social workers, and other allied health professionals as a respected member of the patient care team.